



## Code of Ethics

As a Self Mastery Coach, I am committed to upholding the highest standards of ethics and professionalism in my coaching practice. I adhere to the following principles and guidelines to ensure a positive and ethical coaching experience for my clients:

### **1. Client Well-being and Respect:**

- a. I prioritize the well-being and best interests of my clients, respecting their values, beliefs, and autonomy.
- b. I maintain a non-judgmental and empowering approach, promoting a safe and supportive environment for self-exploration and growth.

### **2. Confidentiality:**

- a. I maintain strict confidentiality regarding all client information, conversations, and coaching sessions unless explicit permission is granted by the client or as required by law.
- b. I educate clients about the limits of confidentiality and when disclosure may be necessary for their safety or the safety of others.

### **3. Professional Competence:**

- a. I continually enhance my professional knowledge and skills through ongoing education, training, and self-development to provide the highest quality coaching services.
- b. I only offer coaching services within my areas of competence and expertise, referring clients to other professionals when appropriate.

*Self-Mastery*

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#### **4. Conflict of Interest:**

- a. I avoid conflicts of interest that could compromise my ability to act in the best interests of my clients.
- b. I clearly define roles, responsibilities, and financial agreements with clients, ensuring transparency and minimizing potential conflicts.

#### **5. Integrity and Honesty:**

- a. I act with integrity, honesty, and transparency in all interactions with clients, colleagues, and stakeholders.
- b. I provide accurate and truthful information to clients, and I do not engage in misleading or deceptive practices.

#### **6. Boundaries:**

- a. I establish and maintain clear professional boundaries with clients, avoiding dual relationships that could interfere with the coaching relationship.
- b. I respect the autonomy and decision-making of my clients, never imposing my personal beliefs or values on them.

#### **7. Continual Improvement:**

- a. I seek feedback from clients and colleagues to continuously improve my coaching practice and effectiveness.
- b. I am open to constructive criticism and am dedicated to refining my coaching approach to better serve my clients.



## **8. Legal and Ethical Compliance:**

- a. I comply with all applicable laws and regulations related to coaching, including professional standards and ethical guidelines.
- b. I promptly address any ethical violations or complaints, taking appropriate action to rectify the situation.

Adhering to a well-defined code of ethics is crucial for maintaining professionalism, building trust with clients, and ensuring a positive and effective coaching relationship. I will personalize and adapt this code to align with my specific coaching practice and clientele while upholding the core ethical principles.